

Omrit 2012 – What You Will Need

Clothing and personal necessities:

- Work pants
- Shirts (at least one long-sleeved and tee's)
- Shorts
- Hat with wide brim
- Plenty of socks
- A couple of nicer outfits
- Heavy duty boots with thick soles; hiking boots okay
- Comfortable walking shoes and/or sandals with support, e.g., Tevas
- Underwear
- Bathing suit
- Sunscreen (sun is really intense)
- Sunglasses x2
- Bug spray, bug net for gnats
- LEATHER work gloves
- Water bottle(s)
- Light backpack for hiking, transporting gear into field
- Scarf/bandana
- Medications
- Various toiletries (toothbrush, toothpaste, shampoo, soap, etc.)
- Passport
- Copy of passport (separate from your passport)
- Money/traveler's checks/ATM card – don't bring large amounts of cash please!
- Insurance card; International SOS card

Tools and supplies:

- Masonry trowel (about the size of your hand; Marshalltown is the best brand) NOT A GARDEN TROWEL (mandatory)
- 3-ring notebook, paper & writing utensils (recommended)
- Hole reinforcements, scotch tape (optional)
- Metric ruler (recommended)
- Pocket knife (recommended)
- Plumb bob (optional)
- Metal or plastic tape measure with centimeters (recommended)
- Pocket line level (optional)

Luxury items:

- Camera and batteries
- Travel book, novels etc.
- Travel electrical adaptor (European 2 round prong) (strongly recommended!)
- Laptop, ipad, iphone, MP3 player, Kindle Fire, etc.
- Peanut butter, granola bars, coffee or other non-perishable food