

## Selfies I Took While Crying In September: A Photo Essay

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While conversations about mental health on campus are luckily becoming more prevalent, Williams still has a long way to go before mental health is de-stigmatized, much less adequately addressed. This photo essay shows 5 different images taken while crying during the month of September 2018 at Williams, in the hopes of broadening conversations around mental health around campus.

1. Crying during my shift as a writing tutor between student sessions.



2. Crying in the library stacks during a break from work.





3. Crying in my room – the inaugural room cry of the year.



4. Crying in a friend's room.





5. Crying in the hot sun behind a random building near the alumni office/career center.

